



Literacy Sensory Activity Pack

Calm Bottle



What you need:

Warm Water

Food Colouring

Bottle

Clear Glue

Glitter

Instructions:

Take any labels off your plastic bottle to make sure it's completely clean to be able to see your exciting calm bottle.

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LOTTERY FUNDED



Bags of Help



Fill your bottle half way with warm water, and then add your clear glue.

Let the glue settle a little, you can also stir it a little.

Now for the fun part, add one drop of food colouring or if you are not happy with the colour you can add drops until you are.

The bottle wouldn't be complete without your sparkle, little sprinkles of glitter at a time until you are happy.

Fill the rest of your bottle with warm water and secure the lid.

Shake well and you have your very own calm bottle. Now for the literacy side, let your child write their own instructions for a friend on how to create their own calm bottle at home, they can start by drawing a picture of their bottle and then add the step by step instructions to go alongside it.



Story Sand



What you need:

Sand

Items to hide in the sand

Container

Instructions:

Empty your sand into a large container a large baking bowl will also work if you don't have a large container.

Hide random items into the sand and let your child feel around and see what they can find. When they find something they can make a note of it or take a photo, you can ask them questions along the way to help them to start thinking of story ideas.

Once they have collected all the items it's time to create the story, they can do this with pictures and then read it out to you, or sentences.



It's a nice opportunity to have your
child read their story back to you.





Word Paintings



What you need:

Paper/Canvas

Paint

Masking Tape

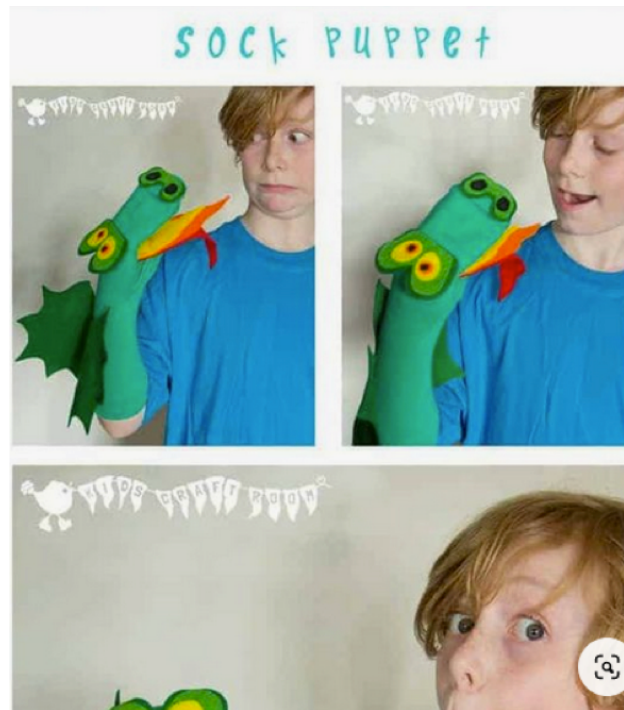
Instructions:

Take your paper or canvas and map out your name using the masking tape, make sure it is firmly stuck down.

Next paint all over the paper including over your masking tape name. Once you have finished your painting, peel off your tape to reveal your name, and then leave to dry. You can continue this process with other words to put together a sentence, if you have any spellings you can make this a fun way of being able to learn those tricky words.



Sock Puppet



What you need:

Sock

Anything to design your sock puppet

Glue

Instructions:

This task is perfect to allow your child's/children's acting side to shine.

This gives them an amazing opportunity to be able to explore their imaginative side. Pick a bright colourful sock, to create your first



character, you can repeat the instructions for as many characters as your child/children would like to create and a story, they can base this on a story they know or they create their own. Design your sock however you like. Once you're happy with all your sock puppets, you can create a short script and then it's time to act out! It would be great to film to be able to watch back to see the amazing performance you have created!



Scavenger Hunt



What you need:

Paper

Pen

Instructions:

For this simple task all you need is paper, pen and your garden or a park.

Research different creatures/flowers/birds anything you will find outdoors and create a list.

Once you are happy with the list, it's time to take to the outdoors to go scavenger hunting for the exciting creatures on your list, tick off as you go. Not only are you enjoying the outdoors but also you're learning and



finding new things. Once you are home you can create passports for the different creatures/birds/flowers you have found.